

YMCA BRING A FRIEND DAY

The first Friday of every month!

Here's a chance to share the Y with your friends! Adult members are welcome to bring a friend to the Y the first Friday of each month...for FREE.

Just stop at the Member Services Desk and mention that you have a friend with you. We will ask your friend to sign in and you'll be able to enjoy all the YMCA has to offer.

YOUTH SWIM CAMP

ONLINE registration available!

For all those looking to improve their skills and have fun, swim camp is for you! Swim Camp is a great way to build endurance and sharpen your swimming techniques. Get ready to have an exciting time while learning!

AGES: 6 years & up who can swim one length of the pool.

TIMES: Monday – Thursday, July 12 – 15 9am – 12pm

FEES: Members \$70

Non-Members \$80



HAPPY CAMPERS

July 12 - 15 Music & Movement

Introduces preschoolers to the adventures of day camp! Children will make friends, swim, play games, enjoy arts & crafts, explore the natural world, and enjoy group and story times while focusing on the YMCA core values of caring, honesty, respect and responsibility. **Online registration available!**

AGES: 3 - 5 years (must be 3 by June 1, 2010 and potty-trained)

TIMES: Monday - Thursday 10am - 1pm

FEES: Members \$38

Non-Members \$50

SUMMER MEMBER APPRECIATION DAY YMCA CHILDCARE CAR WASH FUNDRAISER

Wednesday, July 21

It's our way of saying THANK YOU for being a YMCA member! Join us for root beer floats in the afternoon. Bring your friends, it's an open house day at the Y...try a fitness class, swim in the pool, use the fitness center and more. There will be prize drawings (need not be present to win) all day as well as the YMCA's 7th annual childcare car wash fundraiser. Bring your dirty car and help support the YMCA's childcare, day camp and preschool programs! Watch for times to be posted.

SUPER ONE DOG HOUSE FUNDRAISER

Thursday – Saturday, July 15 - 17

Visit the Dog House at the southside Super One store and help support YMCA childcare, day camp, and aquatics programs! Stop by for lunch or join our fundraising effort by signing up to volunteer – just leave your name and number at the Member Services Desk and we'll call you to arrange a volunteer time.